

**STATION V**

**Simon of Cyrene helps Jesus carry His Cross**

We adore You, O Christ, and we bless You, because by  
Your holy Cross, You have redeemed the world.

**Meditation**

Consider how the Jews, seeing that at each step Jesus  
from weakness was on the point of expiring, and  
fearing that He would die on the way, when they  
wished Him to die the humiliating death of the Cross,  
constrained Simon the Cyrenian to carry the Cross  
behind our Lord.

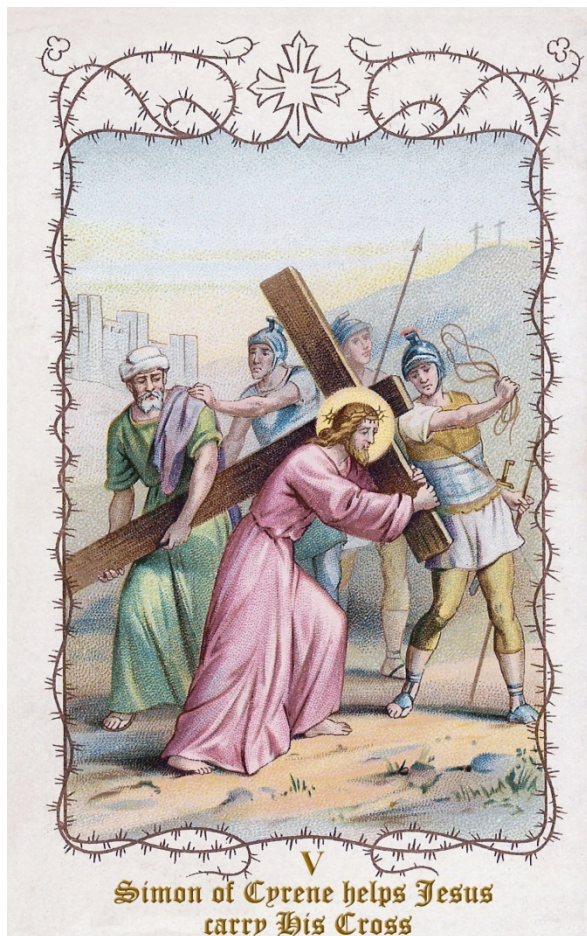
**Prayer**

My beloved Jesus, I will not refuse the Cross, as the  
Cyrenian did; I accept it, I embrace it. I accept in  
particular the death You have destined for me; with all  
the pains that may accompany it; I unite it to Your  
death, I offer it to You. You have died for love of me; I  
will die for love of You, and to please You. Help me  
by Your grace. I love You, Jesus my love; I repent of  
having offended You. Never permit me to offend You  
again. Grant that I may love you always; and then do  
with me what You will.

Our Father.....  
Hail Mary.....  
Glory Be.....



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