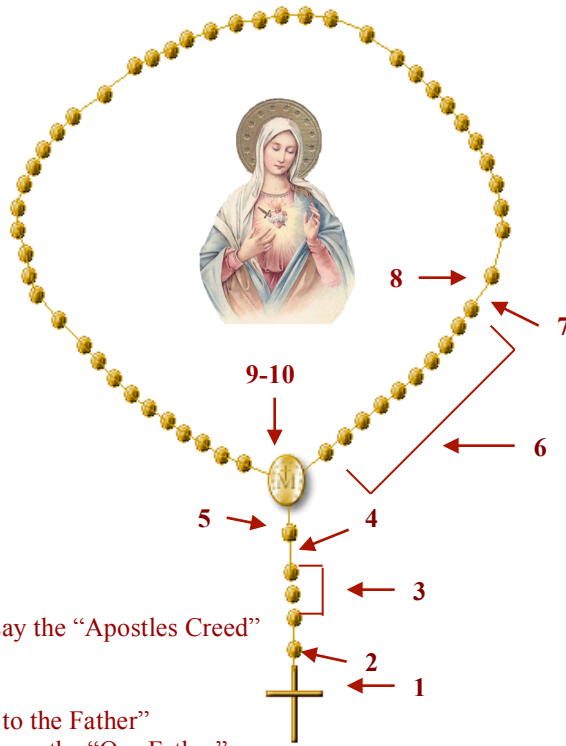


# The Holy Rosary



## How to Pray the Rosary

1. Make the Sign of the Cross and say the "Apostles Creed"
2. Say the "Our Father"
3. Say three "Hail Marys"
4. On the Chain, Say the "Glory be to the Father"
5. Announce the first mystery; then say the "Our Father"
6. Say ten "Hail Marys", while meditating on the mystery
7. On the Chain, Say the "Glory be to the Father" and the "Fatima Prayer"
8. Announce the second mystery; then say the "Our Father"  
Repeat 6 and 7, and continue with the third, fourth, and fifth mysteries in the same manner.
9. Say the "Hail Holy Queen"
10. Say the "Prayer After the Rosary"

## When to Pray the Mysteries

Joyful Mysteries-Monday and Saturday  
Sorrowful Mysteries-Tuesday and Friday  
Glorious Mysteries-Wednesday and Sunday  
Luminous Mysteries-Thursday

## MYSTERIES OF THE ROSARY

### Joyful

1. **The Annunciation** (The angel Gabriel appears to Mary announcing she is to be the Mother of God)
2. **The Visitation** (Mary visits her cousin Elizabeth)
3. **The Birth of Jesus** (The Nativity of our Lord)
4. **The Presentation** (Presentation of the infant Jesus in the Temple)
5. **Finding the Child Jesus in the Temple** (The Child Jesus is found in the Temple with the teachers listening to them and asking them questions)

### Sorrowful

1. **The Agony in the Garden** (Jesus prays with great intensity and anguish over His impending death)
2. **The Scourging at the Pillar** (The body of Jesus is scourged)
3. **Crowning with Thorns** (A crown of thorns is placed on Jesus' head)
4. **Carrying of the Cross** (Jesus carries His cross)
5. **The Crucifixion** (Crucifixion of our Lord Jesus)

### Glorious

1. **The Resurrection** (Jesus comes back from the dead)
2. **The Ascension** (Jesus ascends into heaven)
3. **Descent of the Holy Spirit** (The Holy Spirit descends upon the apostles)
4. **The Assumption** (The Assumption of the Blessed Virgin Mary into heaven)
5. **The Coronation** (Mary is crowned Queen of heaven and earth)

### Luminous

1. **Baptism of Jesus** (Christ's baptism in the Jordan River)
2. **Wedding at Cana** (Jesus performs a miracle turning water into wine)
3. **Proclaiming the Kingdom** (Christ's announcement of the kingdom of God)
4. **Transfiguration** (The Glory of God shines forth from Jesus)
5. **Institution of the Eucharist**

## PRAYERS OF THE ROSARY

### The Sign of the Cross

In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

### Apostles Creed

I believe in God, the Father almighty, creator of heaven and earth. I believe in Jesus Christ, God's only Son, our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died, and was buried; he descended to the dead. On the third day he rose again; he ascended into heaven, he is seated at the right hand of the Father, and he will come again to judge the living and the dead. I believe in the Holy Spirit, the holy Catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.

### Our Father

Our Father, who art in heaven, hallowed be Thy name. Thy kingdom come; Thy will be done, on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses, as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. Amen.

### Hail Mary

Hail Mary, full of grace, the Lord is with thee; blessed art thou among women, and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners now, and at the hour of death. Amen.

### Glory be to the Father

Glory be to the Father, and to the Son, and to the Holy Spirit. As it was in the beginning, is now, and ever shall be, world without end. Amen.

### Fatima Prayer

O my Jesus, forgive us our sins, save us from the fires of hell; lead all souls to heaven especially those who are in most need of Your mercy.

### Hail Holy Queen

Hail, holy Queen, Mother of Mercy! Our life, our sweetness, and our hope! To thee do we cry, poor banished children of Eve, to thee do we send up our sighs, mourning and weeping in this valley, of tears. Turn, then, most gracious advocate, thine eyes of mercy toward us; and after this our exile show unto us the blessed fruit of thy womb Jesus; O clement, O loving, O sweet virgin Mary. Pray for us, O holy Mother of God that we may be made worthy of the promises of Christ. Amen.

### Prayer after the Rosary

O God, whose only-begotten Son, by His life, death and resurrection, has purchased for us the rewards of eternal life; grant, we beseech Thee, that, meditating upon these mysteries of the Most Holy Rosary of the Blessed Virgin Mary, we may imitate what they contain and obtain what they promise, through the same Christ our Lord. Amen.



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