

## *Prayer for Holiness*

By Cardinal Newman

Dear Jesus, help me to spread your fragrance everywhere. Flood my soul with your spirit and life. Penetrate and possess my whole being so utterly that all my life may be only a radiance of yours. Shine through me and be so in me that every person I come in contact with may feel your Presence in my soul.

Let them look up and see no longer me  
but only Jesus. Amen.

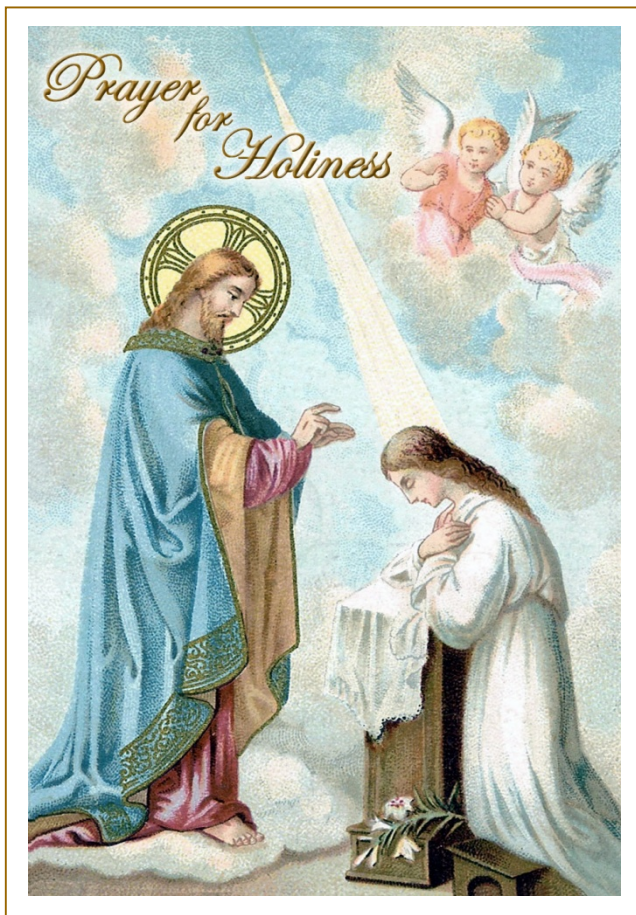
"Prayer that is pure and directed to God by a faithful heart arises like incense from a holy altar.

No fragrance is more pleasing to the Lord.

Let it rise from all who believe."

*St. Augustine, Enarrationes in. PS. 140,5*

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