

**In Remembrance  
of My First Communion**

**The Anima Christi**

Soul of Christ, sanctify me  
Body of Christ, save me  
Blood of Christ, inebriate me  
Water from Christ's side, wash me  
Passion of Christ, strengthen me  
O good Jesus, hear me  
Within Thy wounds hide me  
Suffer me not to be separated from Thee  
From the malicious enemy defend me  
In the hour of my death call me  
And bid me come unto Thee  
That I may praise Thee with Thy saints  
and with Thy angels  
Forever and ever Amen



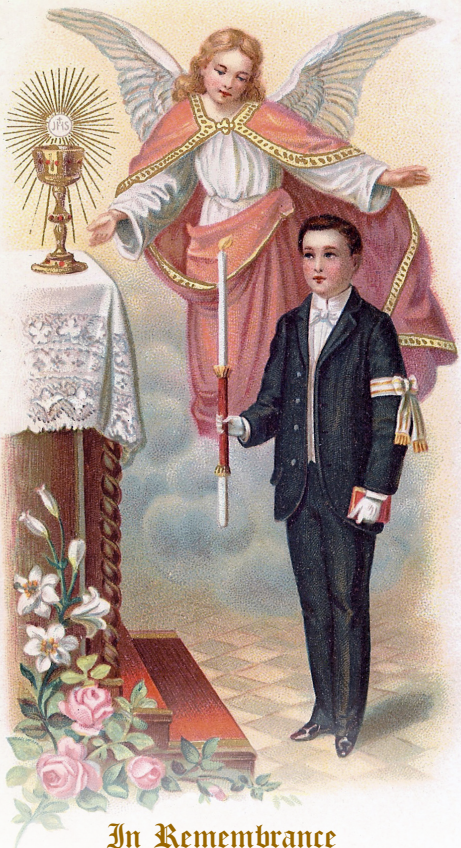
Anima Christi is Latin for "Soul of Christ"  
An indulgence of 300 days. An indulgence  
Of 7 years, if recited after Holy Communion  
(St. Ignatius of Loyola)

To: \_\_\_\_\_

From: \_\_\_\_\_

Date: \_\_\_\_\_

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